

STARTERS

	Celery	Cereal containing gluten	Crustaceans	Eggs	Fish	Lupins	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
SOUP OF THE DAY														
Pea & Courgette	Y	Y*					Y							Y

* Gluten can be avoided by omitting croutons

Cream of onion	Y	Y*					Y							Y
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* Gluten can be avoided by omitting crispy onion garnish

Roast tomato	Y	Y*												Y
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* Gluten can be avoided by omitting croutons

Pea & Pancetta	Y						Y							
Beer & Bacon	Y	Y					Y							
TEMPURA PRAWNS	Y	Y*	Y	M	M		M		Y	M	M	M	Y	M

Prawns - Batter can be changed to GF batter. However, the fryer is not a GF fryer

* and so gluten may still be present. Prawns can be pan fried to remove the risk of potential allergens associated with the fryer. Bloody Mary ketchup contains barley.

BRUSCHETTA		Y*												Y
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* Sourdough can be swapped for GF bread

SALMON FISHCAKES	M	Y	Y	Y	Y		M	Y	M	M	M	M	Y	M
CHICKEN/BLACK PUDDING TERRINE	Y								Y	Y				Y
CHARRED ASPARAGUS	Y*								Y	Y				Y

* Truffle paste used in emulsion contains celery - emulsion can be omitted from the dish (can be replaced with Balsamic reduction (this contains Sulphur dioxide)

SMOKED TOFU GOUJONS	M	Y*	M	M	M		M	M	Y*	M	M	M	Y	Y
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Tofu goujons - Batter can be changed to GF batter. However, the fryer is not a GF

fryer and so gluten may still be present. Goujons can be pan fried to remove the risk

* of potential allergens associated with the fryer. Bloody Mary ketchup contains barley. Mustard can be avoided by omitting the house dressing although fryer may still contain traces of mustard

Y
*
M

Contains allergen
Can be adapted to exclude the allergen
May contain traces (externally sourced ingredient)